



Joy When Life is a Struggle

Growing Up In Christ - Part 3

July 16 & 17, 2016

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Big Idea: The power to have a heart of joy is made possible through the Holy Spirit, but we make a daily, conscious choice to draw on His power and strength.

Text: Philippians 4:4-13

I. KEEP YOUR _____ MORE ON _____ THAN _____.

Let your gentleness be evident to all. The Lord is near. – Philippians 4:5

II. DO MORE _____ THAN _____.

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. – Philippians 4:6-7

III. DWELL MORE ON THE _____ THAN THE _____.

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. – Philippians 4:8

IV. RELY MORE _____, IN SPITE OF YOUR _____, THAN YOUR _____.

...I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength. – Philippians 4:11b-13

MEMORY VERSE

And the peace of God, which transcends all understanding,
will guard your hearts and your minds in Christ Jesus.

Philippians 4:7