



Freedom in Simplicity: Finding Harmony in a Complex World

Part 1 of 1

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Text: Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

– Matthew 6:33

1. Seek First His Kingdom

2. Move Toward the Divine Center

3. Get Rid of Your Anchors

- **Buy things for their usefulness rather than their status.**
- **Reject anything that is producing an addiction in you.**
- **Develop a habit of giving things away.**
- **Refuse to be propagandized by the custodians of modern gadgetry.**
- **Learn to enjoy things without owning them.**
- **Develop a deeper appreciation for creation.**
- **Look with healthy skepticism at all “buy now, pay later” schemes.**
- **Obey Jesus’ instructions about plain, honest speech.**
- **Reject anything that breeds the oppression of others.**
- **Shun anything that distracts you from seeking first the kingdom of God.**

Richard J. Foster. The Celebration of Discipline. New York, NY: HarperCollins Publishers, Inc., 1998.