



Deepening Your Intimacy

Built To Last - Part 3

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Dr. Rex Keener, Senior Pastor

Big Idea: If a couple is spiritually united, emotionally available, and physically connected, intimacy in marriage can be deepened as the bedroom is transformed from a battlefield into a playground.

Text: Genesis 2:18-25

The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him."

– Genesis 2:18

But for Adam no suitable helper was found. – Genesis 2:20b

So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and closed up the place with flesh. Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man. The man said,

"This is now bone of my bones
and flesh of my flesh;
she shall be called 'woman,'
for she was taken out of man."

For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. The man and his wife were both naked, and they felt no shame. – Genesis 2:21-25

I. SPIRITUALLY _____.

The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him."

– Genesis 2:18

II. EMOTIONALLY _____.

The man and his wife were both naked, and they felt no shame. – Genesis 2:25

III. PHYSICALLY _____.

The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control. – 1 Corinthians 7:3-5

For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. – Genesis 2:24

MEMORY VERSE

For this reason a man will leave his father and mother and be united to his wife,
and they will become one flesh.
Genesis 2:24