



Are you looking to make new friends while growing spiritually? Then small groups are for you! Grace Latham groups consist of around 8-15 people that meet together in convenient Capital District locations to build community and grow spiritually. We run short-term groups that last for 8-12 weeks. Loved your small group experience? Make sure to sign back up again this January!

#### **SUNDAY**



#### SUN-01 Bruce & Elaine **Starting Point**

Sundays, 9am Grace Latham Open to all

Starting Point is for people who are curious about God, have a new relationship with Jesus Christ, or are returning to church after being away for a while.

#### MONDAY



#### MON-01 Warren Galatians

Mondays, 6:30am, Grace Latham Men

Galatians is a book that was written specifically to counter legalism and address the centrality of grace in the church. Join this group as they learn about the freedom made available through the work of Jesus Christ.



#### MON-02 Susan Griefshare

Mondays, 6:45 PM Grace Latham Open to all

Griefshare is for people who are grieving the loss of a loved one. In this group you will meet friendly and caring people who will walk alongside you through one of life's most difficult experiences.





#### MON-03 Kevin The Last Days According to Jesus

Mondays, 6:30pm Grace Latham Men

Have questions about what the Bible teaches regarding the Second Coming? Join this group as they study and discuss what Jesus said about the last days in this video series from R.C. Sproul.

#### **TUESDAY**



TU-01 Farhan & Fatin Encounters with Jesus

Tuesdays, 6:30pm Grace Latham Open to all

In the Gospels we read the stories of many individuals who had lifechanging encounters with Jesus. Think of Zacchaeus, the ten lepers, and Bartimaeus, just to name a few. In these stories something powerful happens as lives are transformed, new beginnings start, and hope springs up. Join us this semester as we draw encouragement and valuable lessons from these biblical encounters with Jesus.



TU-02 Inkmark Previous week's sermon

Tuesdays, 7pm Grace Latham Motorcycle Enthusiasts

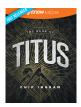
Anyone interested in motorcycles is welcome to join this group as they discuss the previous week's sermon.



"I was a new believer, looking for a place to begin my walk with Christ. I was welcomed warmly and given support and love while learning the basics of Christianity. It was just what I needed."

MORGEN AALTO





TU-03 Len & Carol The Book of Titus

Tuesdays, 7:30pm Grace Latham Open to all

When the gospel has truly taken root in our lives, it produces the fruit of godliness. We do good works not to earn God's favor, but as a result of God's favor. Join this group as they study the book of the Titus and the effect of the gospel on our lives.



Questions about small groups? Email Discipleship Director Brian Gehr: **bgehr@gracefellowship.com**.



"My group has been great! I'm doing things daily that I've never done before. I've learned so much."

**COLLEEN MAHER** 

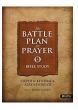




### TU-04 Tom & Betty Gods at War

Tuesdays, 10am Watervliet Open to all 60+

There are gods at war within each of us that battle for the throne of our hearts. Pleasure, romance, sex, money, and power are just a few of the gods that vie for our allegiance in today's society. Join this group as they learn about these false gods and how to have victory over them.



#### TU-05 Becky The Battle Plan for Prayer

Tuesdays, 7pm Grace Latham Open to all

This study is designed to help believers become more devoted to prayer while equipping them to pray strategically and effectively. Topics include: what prayer is and is not, why God wants us to pray, specific areas of prayer, specific strategies for prayer, and more.



#### TU-06 Kevin Men's Fraternity: The Great Adventure

Tuesdays, 6:45pm Grace Latham *Men* 

This study helps men break free from the bondage of boredom and rediscover the exciting purpose that God has for them. Men's Fraternity is designed to bring Christian men together in a safe, comfortable setting where they can learn the true, biblical meaning of manhood and honestly share their challenges and concerns.



## TU-07 Faith Breathe

Tuesdays, 7pm North Colonie *Women 35+* 

One of the greatest challenges among women in our culture is taking time to stop and cease from all the activities and busyness and just breathe. If you are weary, worn out, and exhausted the concept of Sabbath will change your life!



#### TU-08 Mat **John**

Tuesdays, 6:30pm Grace Latham College-age

Nothing in John's gospel is there by accident; all the little details point to something greater. In this group participants will discover the clues John gives that we might see more clearly the reality of who Jesus is, the new creation he establishes, and the difference that all makes.

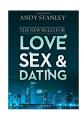
#### **WEDNESDAY**

Young adult



WED-01
Zack
A Walk Through Romans
Wednesdays, 7pm
UAlbany
Open to all, College-age,

Romans has a lot of overused oneliners, but if you were to be asked the theme of Romans, how would you answer? Let us embark on the study together.

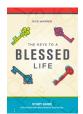


WED-02

#### Beth The New Rules for Love, Sex, and Dating

Wednesdays, 7pm Latham Women 18-25

Are you the person that YOU are looking for? This Andy Stanley series addresses today's world of relationships in light of the person of Jesus Christ.



WED-03

#### Ron & Karen The Keys To A Blessed Life

Wednesdays, 7pm Scotia *Open to all* 

What is the secret to accessing the abundant life God promises? In perhaps the greatest sermon of his ministry, Jesus gives us the keys to the Kingdom; a life of wholeness, happiness, and healing. Join this group as they study the Beatitudes with Pastor Rick Warren.



Kevin & Debbie's group serving at Grace in Action partner Capital City Rescue Mission.



"Sometimes I lay awake at night thinking about what we talked about in group. I'm learning so much"

JASON HARTLOFF

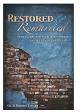




WED-04
Kevin
Crazy Love

Wednesdays, 6:30pm Grace Latham

The God of the universe loves us with a radical, unconditional, and self-sacrificing love. This study focuses on diving deeper into God's love and answering his call for a genuine relationship with him.



WED-05

Scott & Diane Restored & Remarried

Wednesdays, 6:30pm Grace Latham Blended families

This study encourages and equips couples who are thinking about, starting out on, or are living the step family adventure with fun, interactive, and practical resources.



WED-06
Pastor Doug
Survey of the

Old Testament Wednesdays, 6:30pm

Grace Latham
Open to all

Looking to learn more about the Bible? Join Pastor Doug as he teaches through a number of Old Testament books, including Psalms, Esther, Job, Ezra, and more!



WED-07

Roger & Kristen
Growing Kids God's Way
(Part 2)

Wednesdays, 7pm Voorheesville *Parents* 

This study provides parents with hope, encouragement, and practical instruction in their duty of raising morally responsible and biblically responsive children. You do not have to take Part 1 to benefit from this group!

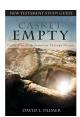


WED-08

Adrien
Themes of Timothy

Wednesdays, 7:30am Albany Young Adult Men

Join this group as they study 1  $\uptheta$  2 Timothy. Bring your Bible!



WED-09
Pastor Will
CASKET EMPTY

Wednesdays, 6:30pm Grace Latham *Open to all* 

This group will take an in-depth look at the redemptive story of the New Testament. Join them as they learn how Jesus marks the fulfillment of God's promises of old and how the exalted Jesus continues his mission through his disciples empowered by the Holy Spirit.

#### **THURSDAY**



TH-01
Olga
Prayer
Thursdays, 6:30pm
Grace Latham
Open to all

Looking to meet with other believers for a time of fellowship and prayer? Then this group is for you!



TH-02 **Lenny Walking Group** Thursdays, 6pm

Menands Open to all

This fun group will meet at Schuyler Flatts each week for fellowship and light exercise. Bring your walking shoes and prepare to make new friends!



TH-03

John & Angelique

One Lord, One Love

Thursdays, 6:30pm Grace Latham *Married* 

This group will focus on how husbands and wives can cultivate greater intimacy in their relationships — spiritually, emotionally, and physically. Based on a sermon series by Adrian Rogers, this study provides practical tips and techniques for effective communication and interactive activities that show how differences in men and women can draw them together.



Kevin's group sharing a meal at the end of the Spring semester.



TH-04 Rob & Gill The Book of Ephesians

Thursdays, 7:30pm Niskayuna Open to all

The Book of Ephesians is a survival manual - it equips believers to thrive in a world that hates the message of Jesus Christ. Paul the Apostle writes to encourage believers to live well - we've been lifted from the graveyard of sin and called to shout the gospel into the darkened world.



TH-05 **Kevin & Debbie The Real God** 

Thursdays, 6:30 Grace Latham Open to all

Join this group as they discuss Pastor Chip Ingram's in-depth study of seven attributes of God - His goodness, sovereignty, holiness, wisdom, justice, love, and faithfulness. It will change the way you think about God, yourself, and others



TH-06
Daryl & Janet
Roman Catholicism
and Scripture

Thursdays, 6:30pm Grace Latham *Open to all* 

This lecture-based group will examine the similarities and differences between Roman Catholicism and Scripture.



TH-07
Nancy
Dance Lessons:
A Study of Galatians
Thursdays, 6:30pm

Thursdays, 6:30pm Grace Latham Women 50+

Are you tired of the ho-hum Christian life? Are you ready to abandon the march and follow wherever Christ leads you? Join this group as the explore the book of Galatians.

#### **SATURDAY**



SAT-01 Tom Prayer Saturdays, 3:30pm Grace Latham Open to all

Join with this group as they pray for churches throughout the Northeast.

#### PASTORAL CARE GROUPS



#### Harmony

Open to all

Harmony Ministry is a confidential support group for families with homosexual loved ones. We are not here to change you or your loved one, but rather to come alongside and share your burdens through prayer, support, and looking into God's Word for comfort. You may contact Harmony Ministry by emailing them at harmonyministry@gracefellowship.com or by calling 785-4959 ex 221. For more information visit harmonyministry.com



#### Samuel Prison Ministry

Wednesdays, 12:30pm Rennselaer *Men* 

Prison Ministry serves inmates in minimum security prisons around the Capital District through sermons, teaching, and prayer. To learn more visit the Grace Fellowship website.



#### Janet Chiefari CAMEO

A support group for women who have been abused Mondays, Grace Latham Women

CAMEO is a prayer and healing ministry for women who have experienced abuse of any kind, including sexual abuse. God has given this ministry a vision of restoratively impacting women through the healing power of Jesus Christ. If you are interested in joining CAMEO, please contact Janet Chiefari at 518-279-1527.



Tom & Betty's small group serving a meal at Grace in Action partner Capital City Rescue Mission.

# Small Group FAQS

#### Q: Do I have to be a member/regular attendee to join a group?

No! Everyone is welcome to join!

#### Q: How do I join a small group?

A: All you need to do is fill out a small group card and you're in! Or, you can join online at gracefellowship.com/lathamgroups.

#### Q: What is a group code?

A: A group code looks like "MON-01" or "TH-01". Each small group has a unique group code that helps us know which group you want to sign up for.

#### Q: What do small groups look like at Grace Latham?

A: Small groups at Grace Latham are groups of 8-15 people that meet in convenient locations all across the Capital District to learn more about the Bible, grow in their faith, and meet some great new friends. Small groups generally meet once a week for 8-12 weeks, and each meeting is just 60-90 minutes long. It's a short-term commitment but the positive impact on your life will be long-term.

#### Q: What happens when I sign up for a small group?

A: Within a few days of your registration you should receive a confirmation email. Also, before the start of your group your leader will email or call you with additional information. If you do not receive an email or call, please contact Brian Gehr at bgehr@gracefellowship.com or call the number at the bottom of the page.

#### Q: What will people be like at my small group?

A: Look around at a weekend service - a small group is about 8-15 people that attend Grace and are interested in the same type of group as you.

# Group Index

**GROUP LOCATION** 

Voorheesville

**Activity Groups** 

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Albany	WED-01, WED-08
Latham	SUN-01, MON-01, MON-02, MON-03, TU-01, TU-02, TU-03, TU-05, TU-06, TU-08, WED-02, WED-04, WED-05, WED-06, WED-09, TH-01, TH-03, TH-05, TH-06, TH-07, SAT-01
Menands	TH-02
Niskayuna	TH-04
North Colonie	TU-07
Scotia	WED-03

GROUP CODES

#### GROUP TYPE GROUP CODES

WED-07

TU-04

TH-02

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College-Age Groups	TU-08, WED-01, WED-02
Family & Marriage Groups	WED-05, WED-07, TH-03
General Discipleship Groups	SUN-01, TU-01, TU-02, TU-03, TU-04, TU-05, WED-01, WED-03, WED-06, WED-09, TH-01, TH-04, TH-05, TH-06, SAT-01
Men's Groups	MON-01, MON-03, TU-06, WED-04, WED-08
Support Groups	CAMEO, GriefShare (MON-01), Harmony
Women's Groups	TU-07, WED-02, TH-07
Young Adult Groups	WED-08

Want to learn more about what leading a group looks like? Come to our next

Small Group Leadership Training Class on Saturday, September 16

Sign up online at gracefellowship.com/latham

Check out these exciting discipleship opportunities!









# Questions about Small Groups?

Visit the Small Group table in the lobby for more info.