

# Growing in Sexual Intimacy

“HEAVEN ON EARTH”, part 3 of 5 // Saturday, September 21, and Sunday, September 22, 2019

Big Idea: Mutually fulfilling sexual intimacy can lead to much greater satisfaction in marriage and can also help greatly in living a life of holiness and purity.

Text: Song of Solomon

## I. Affirming Verbal Communication Fosters Closeness.

How beautiful you are, my darling! Oh, how beautiful! Your eyes behind your veil are doves.

- Song of Solomon 4:1a

Your hair is like a flock of goats descending from Mount Gilead. - Song of Solomon 4:1b

Your teeth are like a flock of sheep just shorn, coming up from the washing. Each has its twin; not one of them is alone. - Song of Solomon 4:2

Your lips are like a scarlet ribbon; your mouth is lovely. Your temples behind your veil are like the halves of a pomegranate. Your neck is like the tower of David, built with elegance; on it hang a thousand shields, all of them shields of warriors. Your two breasts are like two fawns, like twin fawns of a gazelle that browse among the lilies. Until the day breaks and the shadows flee, I will go to the mountain of myrrh and to the hill of incense. All beautiful you are, my darling; there is no flaw in you. - Song of Solomon 4:3-7

## II. Appealing Visual Stimulation Heightens Anticipation.

## III. Heightened Anticipation Leads To Greater Satisfaction.

Your lips drop sweetness as the honeycomb, my bride; milk and honey are under your tongue.

- Song of Solomon 4:11a

Your plants are an orchard of pomegranates with choice fruits, with henna and nard, nard and saffron, calamus and cinnamon, with every kind of incense tree, with myrrh and aloes and all the finest spices. You are a garden fountain, a well of flowing water streaming down from Lebanon. Awake, north wind, and come, south wind! Blow on my garden, that its fragrance may spread abroad. Let my lover come into his garden and taste its choice fruits. - Song of Solomon 4:13-16

## IV. Satisfying Intimacy Focuses On Your Spouse's Pleasure More Than Your Own.

## V. Sexual Intimacy Flourishes Best When We Realize It Is A Gift From God.

**Believe**

**Educate**

**Serve**

**Treasure**