

## “A CALL TO GROW-UP”

Series: “Better Than All The Rest”, Part 4 of 10  
Sunday, February 21, 2021 at 9:00 and 11:00 AM

Text: Hebrews 5:11-6:1a

*Big Idea: Christian spiritual maturity is defined and determined by what you take in as spiritual nourishment, how you allow it to transform your values and actions, and how faithfully you teach that way of living to others.*

Concerning him we have much to say, and it is hard to explain, since you have become dull of hearing. 12 For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food. 13 For everyone who partakes only of milk is not accustomed to the word of righteousness, for he is a babe. 14 But solid food is for the mature, who because of practice have their senses trained to discern good and evil.  
-Hebrews 5:11-5:14

Therefore leaving the elementary teaching about the Christ, let us press on to maturity. Hebrews 6:1a {NASV}

Christian spiritual maturity is defined and determined by what you take in as spiritual nourishment, how you allow it to transform your values and actions, and how faithfully you teach that way of living to others.

### I. WHAT ARE YOU TAKING IN AS SPIRITUAL NOURISHMENT?

For everyone who partakes only of milk is not accustomed to the word of righteousness, for he is a babe. 14 But solid food is for the mature, who because of practice have their senses trained to discern good and evil.  
-Hebrews 5:13-14 {NASV}

Like newborn babes, long for the pure milk of the word, that by it you may grow in respect to salvation. -1 Peter 2:2 {NASV}

Brothers, I could not address you as spiritual but as worldly—mere infants in Christ. 2 I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready. -1 Corinthians 3:1-2

### II. HOW ARE YOU ALLOWING IT TO TRANSFORM YOUR VALUES AND ACTIONS?

You yourselves are our letter, written on our hearts, known and read by everybody. -2 Corinthians 3:2

But solid food is for the mature, who because of practice have their senses trained to discern good and evil.  
-Hebrews 5:14 {NASV}

### III. HOW FAITHFULLY ARE YOU TEACHING THAT WAY OF LIVING TO OTHERS?

For though by this time you ought to be teachers .... -Hebrews 5:12a {NASV}