

A POTENT CURE FOR ANXIETY

Series: "CURING THE ANXIOUS HEART", Part 2 of 2

Sunday, November 21, 2021 at 9:00 and 11:00 AM

Text: Philippians 4:6-7 and other selected Scriptures

Big Idea: Verbalizing thanks to God has a way of dissolving anxiety and putting problems into perspective.

Philippians 4:6a, "Do not be anxious about anything."

Philippians 4:4-7, "Rejoice in the Lord always. I will say it again: Rejoice! ⁵Let your gentleness be evident to all. The Lord is near. ⁶Do not be anxious about anything, but in everything, by prayer and petition, with **thanksgiving**, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Big Idea: Verbalizing thanks to God has a way of dissolving anxiety and putting problems into perspective.

Eucharistias

Charis

Chara

Eucharistias