



## “FOUR KEYS TO HEALTH HUMILITY”

Series: “A LIFE WORTH LIVING”, Part 3 of 8

Sunday, October 20, 2024, at 9:00 and 11:00 AM

Mat Saxon | Latham Campus Pastor

Text: Philippians 2:1-11

2 Peter 3:15-16a (NLT), “And remember, our Lord’s patience gives people time to be saved. This is what our beloved brother Paul also wrote to you with the wisdom God gave him—speaking of these things in all of his letters. **Some of his comments are hard to understand....**”

Philippians 2:6–7 (ESV), “who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men.”

Philippians 2:17 (ESV), “Even if I am to be poured out as a drink offering upon the sacrificial offering of your faith, I am glad and rejoice with you all.”

Isaiah 53:5,12a (ESV), “But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed...Therefore I will divide him a portion with the many, and he shall divide the spoil with the strong, **because he poured out his soul to death.**”

Philippians 2:8 (ESV), “And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.”

### FOUR KEYS TO HEALTHY HUMILITY

#### I. THINKING OF OTHERS.

Philippians 2:4–5a (ESV), “Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves...”

#### II. TAKING ONE FOR THE TEAM.

Philippians 2:3 (ESV), “Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves.”

1 Corinthians 10:24 (ESV), "Let no one seek his own good, but the good of his neighbor."

### **III. LAYING YOUR CARDS ON THE TABLE.**

Philippians 2:4 (ESV), "Let each of you look not only to his own interests, but also to the interests of others."

"Paul does not prohibit any interest in one's own affairs. It is the selfish preoccupation with them that he condemns. We must love our neighbours as ourselves, and this responsibility extends to 'each and every one' at Philippi." -Peter T. O'Brien

### **IV. FINDING A HAPPY MEDIUM.**

Philippians 2:19–23 (ESV), "I hope in the Lord Jesus to send Timothy to you soon, so that I too may be cheered by news of you. For I have no one like him, who will be genuinely concerned for your welfare. For they all seek their own interests, not those of Jesus Christ. But you know Timothy's proven worth, how as a son with a father he has served with me in the gospel. I hope therefore to send him just as soon as I see how it will go with me."

Philippians 2:25, 29-30 (ESV), "I have thought it necessary to send to you Epaphroditus my brother and fellow worker and fellow soldier, and your messenger and minister to my need... So receive him in the Lord with all joy, and honor such men, 30 for he nearly died for the work of Christ, risking his life to complete what was lacking in your service to me."

Philippians 2:3–11 (ESV), "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."